



Snowfooling

A publication of Inskiers Ski, Board, and Social Club

Issue Nov/Dec, 2006

The Peninsula's best Ski and Social Club for Singles

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Happy
Holiday
Edition



Congratulations to our own Bill Moller for being named Single League "Man of the Year" at this year's Snowball. A very deserving Bill has been leading Inskiers as a club, in events, and always with a smile on his face. Bill is the consummate champion for eliciting happy faces to calm his fellow club member pre-race jitters. Thanks Bill for all your hard work.



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Social

There is a lot going on with the Inskiers of late. Kathy Silver (Single League's President and Inskier extraordinaire) pulled off the party of the year with the Snowball, attended by over 50 Inskiers with more than 150 people who danced the night away. Kathy was also lucky enough to wind the Grand Prize of a week in Canada. Nobody deserved it more for all the hard work she has been putting in to keep our clubs alive and vibrant. Way to go Kathy!

Inskiers also partied hardy at the Pre-Season Race party arranged by Karen Albrecht and Lisa Burgess. Looks like the proverbial ice course never got a break for the evening as Inskiers downed the course flowing with 'turntight' spirit trying to keep warm. Prez Mike cooked up a storm to feed the hungry racers while they bundled up to enjoy the brisk outside air.

We participated in the Apres Ski Club annual SKOP before Snowball then decompressed from both events with Bob Burkes dinner and Warren Miller movie film night. But wait, there's more to do... Coming Events:

Tuesday Nov 21st General Meeting

Friday Nov 24th TGIF - Devil's Canyon Brewery home brew night.

Tuesday Nov 28th BJ's Restaurant and Brewery for appetizers and drinks

Friday Dec 1st TGIF - City Pub in Redwood City for burgers salads and fries, etc.

Tuesday Dec 12th Potluck, hosted by Carol Giannakaras in Milbrae.



Wendy and Lisa Boyd

**Inskiers Mail
Address:
P.O. Box 5065,
San Mateo, CA**



Kandy, Tyler and Denice



Pat, Wendy,
Sonia, Keith,
Chuck, and
Vonnice

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Safety

Your Responsibility Code

Skiing and snowboarding can be enjoyed in many ways. At areas you may see people using alpine skis, snowboards, telemark skis, cross country skis, and other specialized equipment, such as that used by the disabled. Regardless of how you decide to enjoy the slopes, always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce. Observe the code listed below and share with other skiers and riders the responsibility for a great skiing experience.

1. Always stay in control, and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.

3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Know the code. It's your responsibility.

This is a partial list. Be safety conscious.

For more information go to the National Ski Patrol Site at:

<http://www.nsp.org/1/nsp/home/home.asp>

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Fitness

So you think there is too much snow outside already to continue biking, well then try this: <http://www.ktrakcycle.com/home.html>

Oh, so it's really not the snow stopping you, it is the dreaded four letter word 'work', then you need to try this instead. <http://www.slimgeek.com/>

So really, now there is no excuse!!!

Ski volunteers needed to assist Adaptive Snowsports Instruction

Disabled Sports USA, Far West, located at Alpine Meadows Resort is accepting applications from people interested in becoming volunteers with our adaptive snowsports school. Each winter, our team of certified instructors teach over 1500 private ski lessons to people with physical and cognitive disabilities. Volunteers assist instructors with lesson safety, chairlift loads, instructional drills, and emotional support. Candidates applying to assist with adaptive snowsports instruction should possess the following qualities:

- Strong intermediate skier (comfortable skiing challenging "blue" terrain)
- Be available to attend mandatory Volunteer Training December 9 and 10, 2006, if selected to assist
- Be a good team player who thrives in a dynamic environment
- Have the ability to repeatedly lift a student, who may weight as much as you, with the assistance of another person
- Make a commitment to volunteer a minimum of four days throughout the four-month ski season (mid-December through mid April).

Please contact Vanessa Belz, Program Coordinator Vanessa@disabledsports.net

phone 530-581-4161 ext. 203 - or visit the web site and download an application at: <http://www.dsusafw.org/volunteer.html>

See Inskier photos at:
<http://www.inskiers.smugmug.com/>

Cabin

Great news! We have a cabin again this year from January to May. The following are the cabin packages open to club members:

\$600 Unlimited Use - Non-Refundable
\$300 Non-Refundable any 12 nights
\$35.00 Friday, Saturday night's members only
\$25.00 Sunday thru Thursday, members only
\$45.00 p/night non-members
Any stays longer than 7 consecutive days must be pre-approved by the cabin director.

Contact Dave Button or Cate Wilson to purchase cabin-time or to get for more information.



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Weather and Road Condition

Truckee weathercam:

<http://www.magnifeye.com/>

Road conditions:

<http://www.dot.ca.gov/hq/roadinfo/i80>

Northwoods and Donner Pass weather cam: <http://www.communityink.com/cam/index.cfm>

Northstar Weather Cam:

<http://www.rsn.com/cams/north>

Alpine Meadows:

<http://www.skialpine.com/#>



Racing Scene

Racer
Registration:
Inskiers have

you signed up to race already? No, you don't have to have ever raced (even once) in your entire life before. Seriously, we offer something for everyone from beginner to zoot-suits who strut there stuff in class zero. Get out there, it is fun and there is no better way to meet other members of your club and make some great new friendships. Keep sending your Racing Release forms and checks to Karen or Lisa. You are gonna love it!!! Check out the Inskier site for race dates. Block them on your calendar now, so you won't miss a single day of fun, entertainment, and the most incredible camaraderie to support you all the way.

Keystone Nationals:

The Keystone Nationals are scheduled for January 17-21, 2007 in Keystone, Colorado. See the flyer in the back of the newsletter

2007 Far West Championships:

Mt. Bachelor will host the 2007 Far West Championship March 30, - April 1, 2007. Mark you calendars now!

SKI_RACE_SKI_RACE_SKI_RACE_SKI_RACE_SKI

Singles League Racing 2006/7 Singles League Racing



Don and Angie: Ready! Set! Go!



Craig testing out his Race Director role on the ice with Niki looking on and Brenda ready to give it a try...

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How big is my sausage? Pres Mike hard at work at the grill at the pre-season race party.



Kathy and Jan looking very stunning and racey for the evening



Ice Booster club members

BAC and FWSA Update

Discount Lift Ticket Program - The Inskiers BAC lift ticket order has been submitted. Tickets are expected to be available for pick up at the Inskiers general meeting, Dec. 5th.

The Far West 2006-2007 Skiers Guide and BAC Directories Have Arrived! - These two publications have a wealth of information on ski areas, resorts, stores, clubs, road and weather info sources, etc. Copies will be available at the general meetings in November and December. Don't forget to get your copy!

Come for the Tickets and Stay for the Show! **The Bay Area Ski & Snowboard Show** will be held at the Jan Jose Convention Center again this year Friday-Sunday, **November 10-12**. Admission fee is \$15 and includes a free lift ticket with value up to \$65. Admission is free if you sign up to help. Visit www.skibac.org for the signup form. Shifts are just a couple of hours in length. Hope to see you all there.

Squaw Valley Community Benefit on Sunday, Dec. 12th. They are selling all-day ski & skate lift tickets for \$35 - available online only (only 1,000 tickets will be sold). Tickets can be picked up at the will call window on Sunday. To find out more, go to: www.squaw.com/winter/event_benefitday03.html

Women's race clinic at Northstar on January 22nd. Cost: \$30 per person. This clinic is open to all women. It is not necessary to be club member or racer. The clinic runs from (9 am - noon. The day of the clinic, Northstar will sell lift tickets in the Pavilion for \$44 adults; \$34 young adults and \$14 children. For details contact Linda Indreboe at: bac_pub_affairs@yahoo.com

Convention Volunteers - There are still a Far West Annual Convention, to be held in May/June in Santa Clara, CA. If you are interested in helping out, please email catewilson@aol.com. Volunteers are needed in helping to create decorations, putting on events, soliciting sponsors, etc.

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Upcoming BAC & Far West Sponsored Trips:

Fun trips at great value, are being offered to Steamboat Springs, Bormio, Italy, Panorama, B.C., Sun Peaks, B.C. and China/Tibet.

These trips are terrific value and lots of fun. At this time, several are still open. If you want to go, please contact the "contacts" directly and submit your deposit as soon as possible. For more information on each trip, go to the travel section of www.inskiers.com.

1/27-2/3 FWSA 2007 Ski Week - **Steamboat Springs**. Contact: Norm Azevedo skinorm@sbcglobal.net 925-944-9816

3/3-3/11 FWSA International Ski Week - **Bormio, Italy**. Contact: Norm Azevedo fwsaitravel@sbcglobal.net 925-944-9816

3/3-3/10 BAC Ski Week - **Panorama, BC** Canada. Contact: Steve Grevstad skiersteve@aol.com

3/5-3/11 BAC Singles Ski Week - Sun Peaks, BC Canada. Contact: Dennis Heffley skiheffley@aol.com 925-998-4415

The Editor gives special thanks to Denise Guaraglia and Bob Burke for providing photos for this edition.

Thanks to all Board members for providing input for your respective areas of responsibilities, events, and actions.

It's snowing! Are you ready?
Keep up those leg exercises



Double trouble Giselle and Kandi



Pot luck and Kathy and Dave's



Wendy and Allen at Wendy's potluck

The mountains are calling
and you don't want to hurt.

The Keystone Nationals

January 17 - 21, 2007

Keystone, Colorado

Keystone, Colorado

Keystone Resort is comprised of three incredible and unique mountains. Each mountain offers some of the best terrain Colorado has to offer: steeps, bowls, bumps, glades, rails, lights—you name it, Keystone has it. Or skate all day and all evening on the five acre frozen surface that is Keystone Lake, the largest outdoor maintained ice rink in the country.

Inclusions

- _ 4 night lodging at Soda Ridge Condos
- _ 3 days of lift tickets for Keystone Resort
- _ 3 day race program including Qualifying Race, Giant Slalom Race, and Slalom Race
- _ National Ski Council Challenge with prizes and awards including the Keystone Cup
- _ Awards Banquet Dinner
- _ Complimentary welcome party
- _ Complimentary apres-ski party
- _ Complimentary Adventure Passport, good for activities throughout Keystone Resort
- _ 24 hour pager service
- _ On location staffing
- _ All taxes

(Highly discounted clinics are also available.)

\$470 per person

Please inquire with Moguls about competitive airfare and ground transportation options.

For more information, please contact:

Damian D'Apolito damian@moguls.com

800-925-8914, x6106

www.moguls.com

The Keystone Cup

At the Keystone Nationals, there will be three days of racing, with competitions between Ski Councils from across the country in Slalom and Giant Slalom formats for great prizes and bragging rights. Help your Council win the 2nd Annual Keystone Nationals Championship.

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SKI ANDORRA

ANDORRA & BARCELONA
February 15- 24, 2007



INCLUDED IN PACKAGE:

- Round trip air San Francisco to Barcelona via Lufthansa airlines
- Private transfer from airport to Rivolli hotel
- Hotel Rivolli- Standard Room Double Arrive 02/16/07 for 2 nights with breakfast
- Private transfer from Rivolli hotel to Art Hotel
- Art Hotel 4*- Standard Room Double Arrive 02/18/07 for 6 nights with Breakfast buffet and dinner daily
- Private bus From: Art Hotel Andorra To: Barcelona airport
- 4 day round trip transfers to slopes 35 seat bus From: Art Hotel To: Ski Slopes



PACKAGE PRICE PER PERSON: \$1,455

Round trip air - Air line Taxes/Fuel Surcharges: \$300.00 Not included in price and subject to change until time of ticketing.

RIVOLI RAMBLAS **** Superbly located at the Ramblas, close to Plaza Catalunya and situated in a historic Art-Deco building which has been totally modernized. Many theaters, museums, department stores, boutiques and points of interest are within short walking distance. All rooms are equipped with private bath, radio, remote control TV, international and video channels, direct dial telephone, room safe, background music and mini-bar. A small fitness center, fully equipped with spa, sauna and solarium.



WWW.ARTHOTEL.AD

Urban and modern architecture hotel located in the commercial center of Andorra le Vella yet surrounded by a quiet and privileged setting the Central Parc and just 6km from the access to our country's biggest skiing area.

Art hotel brings a new concept to the country: family owned and managed, it is an innovating, comfortable, elegant hotel where service takes center stage



OPTIONAL MADRID EXTENSION: FEBRUARY 24-27, 2007

- Flight from Barcelona to Madrid
- Private round trip transfer from airport to hotel
- Ambassador Hotel- Standard Room Double Arrive 02/24/07 for 3 nights with breakfast
- 1/2 day city Tour of Madrid



Package price per person Double \$537

MADRID HOTEL **** Located in the Historical centre of Madrid, very close to the Opera, Royal Palace, the Senate and Gran Via. It occupies the old Palace of the "Dukes of Granada de Ega", keeping its original structure. The building was constructed with white granite stone from the mountains of Guadarrama, the same material used for the Royal Palace. They are all equipped with satellite channels, piped music, safe and security doors. It has also the restaurant "El Madroño" and the Bar "Entrepatrios" with its original Green House terrace.

First per person deposit at sign up \$1000.00

Second per person deposit \$700.00 October 15, 2006

Final payment due 60 days prior to departure December 1, 2006

Prices based on minimum 20 people



For reservation and information **Contact Karen Albrecht**

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Inskiers Web Site and information:

www.inskiers.com